Presented by Izabela Koscielny

#### **IMPORTANT**

This manual serves only as a supplement to training course. It does not provide all information necessary to use the TheraSuit safely and effectively. Please use it as an internal continuing material only.

Please do not make or distribute copies of this manual.

Abdominal support Front connection between shorts and vest



#### Abdominal support in case of severe weakness of trunk flexors



#### Support for low abdominal mm

