

## Abstract of the course

**Title: Pediatric Intensive Therapy, TheraSuit Method™**

**Speaker: Izabela Koscielny PT, CSTT**

Therasuit LLC specializes in education and training of the therapists in the unique European Approach of treatment for children. This intensive 5 day training totaling 40 hours (8 hours per day).

Specifically design 5 day intensive course is a hands on workshop that targets the education of therapists in the following areas:

1. Cerebral Palsy: Speaker will explain deviations and reasons of abnormal development.
2. Rationale behind intensive pediatric physical therapy approach: Presenter will support the thesis with scientific data based on physiology of exercise, and documented morphofunctional changes triggered by intensive training in children.
3. TheraSuit™ and TheraSuit Method™: theory and practice. Therapists will learn how to use the TheraSuit™ to correct postural deviations in children with Cerebral Palsy. TheraSuit™ is a form of soft dynamic orthotic that provides dynamic proprioceptive correction to and from musculoskeletal systems.
4. Universal Exercise Unit: Speaker will demonstrate proper use and promote hands on training. She will also explain rules and principles, indications, contraindications and precautions.